**Outline of Session 1 of the GL Training Track**

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1.Welcome

2. Session 1: An introduction and overview of different models and innovative ideas.

1. Introduction:

* Key role of the GL leader
* What is our vision for a Group Leader?
* So how can we improve the way that we train our group leaders?

1. Looking at 3 different group leader training models:

We can learn so much from each other in Increase! Some people do a longer training, others a shorter one, some in one weekend, or over some evenings, others over a period of a few weeks, we need to be flexible to our context and participants. Now, we're going to watch 3 short video clips and hear someone share about three different types of group leader training. So please write your comments in the table on the worksheet:

1. Video 1: ORTA in Russia
2. Video 2: Diaspora setting in Malaysia
3. Video 3: OTS in Pakistan

After each video, pause and reflect for 2-3 mins on your own and write down your reflections, the good things you can see in these presentations and maybe things that you would like to learn more about or incorporate into your own group leader training.

1. Discussion: What have you learnt form these 3 videos

In buzz groups discuss what we have learned from these three videos and in particular what questions it has raised in your mind about other ways to do group leader training.

Each table to share one new thing they learnt.

Then see the basic SEAN GL Training guidelines (to show what are the minimal requirements) – see sheet

1. The importance of Practical Application, not an optional extra, this is really, really key!! Do we in our GL Training give this enough focus and what do we do? Report back on PA at the beginning of every session. Can we build this into the GL’s thinking?

We will do an exercise with juggling…

How important is Practical Application to you? Stand up if you think it’s very important, half stand up if a bit important, stay sitting if not that important………

How good are we at implementing Practical Application?

Stand up if you’re very good at it, half stand up if average, stay sitting if you’re not that good at it………..

We all need to improve in this area!!!!

1. Different ‘stations’ – Have fun!

For the rest of this session we’re going to look at a mix of different ideas that you might want to bring into your Group Leader Training or more generally into the group leaders’ lives:

5 stations, with 5 different ideas:

* ways to encourage, upskill, mentor and thank group leaders (eg. have an annual group leaders seminar with food, TEE rallies, etc);
* interactive ideas (ORTA do many fun activities in their training)
* How to ‘time’ a class, how many minutes to give to different sections, etc
* show sample ‘Key Skills’ sheet and how to fill it in
* The ‘Korean/ORTA way’ of checking how long different people talk in a group.

1. Conclusion:

Write down your thoughts now on the worksheet:

What will you take away from this session?

Who will you share this with in your program?